

The Employee Assistance Program Association of Toronto (EAPAT) Proudly Presents

Real Life Employer Journeys: Designing & Implementing a Successful Wellness Program

Please join us as we ring in the New Year with another in our popular “Real Life Employer Journeys” series that features a panel of workplace wellness champions who will share their own successes, challenges, and perspectives in an informative and interactive format.

In this session the panelists will address the issue of “Designing & Implementing a Successful Wellness Program” by focusing on:

- Key elements for building a winning business case in support of wellness;
- Vendor partner selection;
- Activities offered to employees – what worked / what didn't;
- Vision for the future of their respective programs.

The Panel: Aileen Ashman
Director, Human Resources
Toronto Police Service

Jo-Anne Bassett,
Occupational Health Nurse
Hydro One

Tina Laughlan,
Wellness & Safety Consultant
American Express Canada

Moderator: Goldie Newman
Mandel Newman Associates

*This session qualifies for 1 CE Credit. Certificates of Attendance available
at the registration table upon request.*

Thursday January 19, 2012

Breakfast and Community Building 7:30 AM – 8:00 AM

Presentation and Q & A 8:00 AM – 9:30 AM

Location: Toronto Lawn Tennis Club, 44 Price Street (Phone: 416-922-1105)

TTC: Summerhill Station (walk 2 blocks south), Rosedale Station (walk 3 blocks north)

FREE Underground Parking – courtesy of EAPAT

Fee: \$35 for non-members; included with your EAPAT Membership

Please RSVP to rsvp@eapat.org or phone 416.410.8913

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