



E
A
P
A
T

The Employee Assistance Program Association of Toronto (EAPAT) Proudly Presents

Managing the Big Fat Changes

Welcome back after the summer!

Please join us for our first fall seminar featuring our special guest speaker **Peggy Grall**.

If change were easy – everyone would do it! People and organizations have a *love-hate* relationship with change; we all say we want it – then when it's time to change, most of us resist it! *What's that about?*

In this morning workshop, **Peggy** takes a *light* look at the serious business of navigating change. Participants will:

- Identify the types of Business Change their organization is currently in, and the leadership style that best serves employees in that circumstance;
- Discuss the 6 Success Factors present in every successful change initiative;
- Learn tips & techniques for collaborating with others to achieve change success;
- Understand how to leverage their personal style when receiving, integrating and processing change;
- Capture a renewed sense of optimism for their ability to manage successful complex change.



Peggy Grall is a Certified Executive Coach, key-note speaker and former Psychotherapist with 19 years experience in the areas of Change Management and Conflict Resolution. Her unique background equips her to work effectively with individuals and teams to assess and address the complex *people issues* affecting *change outcomes*.

Please take advantage of our fall 2 for 1 special!!! Members can bring a guest and Non-members can pay their registration fee and bring a guest absolutely FREE. Bring a colleague! Bring a friend!

Thursday, October 29, 2009

Agenda: Breakfast and Networking 7:30 AM – 8:00 AM

Presentation and Q & A 8:00 AM – 9:30 AM

Location: Toronto Lawn Tennis Club

44 Price Street (Phone: 416-922-1105)

Underground Parking is free – cost covered by EAPAT

Fee: \$35 for non-members, complimentary to members

RSVP to EAPAT at 416-410-8913 or rsvp@eapat.org

Sponsored by:

